

DRAGI ČITAOCI,

Sa radošću i velikim zadovoljstvom vam predstavljamo novi broj časopisa Sportske nauke i zdravlje za koji je pristigao veći broj radova naših saradnika iz Bosne i Hercegovine i regionala. Zainteresovanost naših kolega za saradnju i objavljivanje radova u našem časopisu se konstantno povećava i sve je veći broj radova koji pristižu na našu adresu. Zainteresovanost naučnih radnika za publikovanjem radova u našem časopisu potvrđuju opravdanost postojanja časopisa kao značajnog naučno-edukativnog projekta i svjedoka novog vremena i novih potreba.

Na žalost, u ovom broju nismo u mogućnosti objaviti sve pristigle radove, te se ovom prilikom izvinjavamo kolegama čiji radovi nisu objavljeni u ovom broju. Isto tako, neke radove nismo objavili, jer nisu u potpunosti zadovoljili potrebne standarde našeg časopisa, jer nam je cilj konstantno napredovanje i uspostavljanje novih sistema vrijednosti po kojem želimo biti prepoznatljivi u svijetu nauke. Takođe, ističemo našu spremnost za saradnju i razmjenu iskustava sa srodnim časopisima, što će sigurni smo, doprinositi većoj publikaciji i zainteresovanosti saradnika za još bolju i kvalitetniju saradnju. Uvjereni smo da ćemo zajedno sa vama uspjeti ostvariti visoko postavljene standarde i ciljeve.

Kao i u prethodnim brojevima u časopisu možete pronaći radove iz različitih oblasti sportskih i zdravstvenih nauka: fiziološko-medicinske aspekte fizičke aktivnosti, biomehanike sporta, borilačkih vještina, školskog sporta itd.

U ovom broju možete pročitati vrlo interesantne naučne radove koji se odnose na razlike u metaboličko-energetskim potencijalima fudbalera kadetskog uzrasta u odnosu na takmičarski nivo, usporedbu maksimalnog primitka kisika ($VO_2 \text{ max}$) djevojčica dobi 10 i 14 godina. Takođe, tu su i radovi koji se odnose na analizu tjelesnog sastava karatista bioelektričnom impedansom prije i poslije pripremnog perioda, te metrijske karakteristike testova za procjenu koordinacionih sposobnosti u plesu, stanje uhranjenosti djece predškolskog uzrasta, itd.

Želimo se zahvaliti svim našim saradnicima što svojim aktivnim učešćem, sugestijama i primjedbama pomažu radu časopisa i na taj način omogućuju njegovu još veću raferentnost i kvalitet.

Uvjereni smo da ćemo i ubuduće sarađivati i zajedno sa vama uspjeti ostvariti visoko postavljene standarde i ciljeve.

Koristimo priliku i da vam čestitamo Novu 2017. godinu sa puno dobrog zdravlja i uspjeha u svakom segmentu života.

DEAR READERS,

With great joy and pleasure we would like to present the new issue of Journal Sports Science and Health with lots of works from our colleagues from Bosnia and Herzegovina and the region. The interest of our colleagues for cooperation and paper publication in our magazine is constantly increasing and there is a growing number of papers that are coming to our address. The interest of scientists to publish papers in our Journal confirms the validity of Journal as an important scientific and educational project and a witness of the new times and new needs.

Unfortunately, in this Journal issue we are not able to publish all the papers, and we would like to use this opportunity to apologize to all those colleagues whose works have not been published in this issue. Furthermore, some papers have not been published because they do not fully meet the required standards of our Journal, since our goal is constant improvement and establishment of new system of values by which we want to be recognized in the world of science. We also want to emphasize our readiness for cooperation and experience exchange with similar Journals, which will most certainly contribute to the increased interest in publication and colleague interest in even better and more qualified cooperation. We are certain that together we will achieve high standards and goals.

As in the previous issues of this Journal, you can find papers from different areas of sport and health sciences: physiological and medical aspects of physical activity, biomechanics of sports, martial arts, school sports, etc.

In this Journal issue you can read some very interesting scientific papers which deal with differences in metabolic energy potential players at the cadet level in relation to the level of competition, comparison of the maximum oxygen consumption ($VO_2 \text{ max}$) of girls aged 10 and 14 years. Also, there are papers that deal with the analysis of body composition karate bioelectrical impedance before and after the preliminary period, and psychometric characteristics of tests for the evaluation of coordination skills in dance, the nutritional status of children of preschool age, etc.

We want to thank to all of our colleagues for their active participation, suggestions and comments in order to help Journal and thus enable its even greater references and quality. We are certain that we will continue to cooperate with you to achieve high standards and goals. We use the opportunity to wish you Happy New Year 2017 with lots of health and success in every aspect of life.